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Monday, October 26, 2015 www.metro.us | t: MetroNewYork | f: MetroNewYork

JAMES FRANCO SOUNDS OFF

The actor dishes on his second Faulkner project. 19

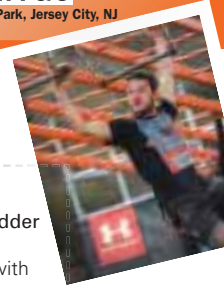


The one thing no one tells you about college. 24

Marathoners raising cash for rehab center. 8-9

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GRONKED

Tom Brady led the Pats past the Jets with 355 yards passing, including a TD to Rob Gronkowski. 26



GETTY IMAGES

FLOODS HIT TEXAS

1 Heavy rains fueled by the meeting of two storm systems, one the remnants of Hurricane Patricia, pounded southeastern Texas, triggering flash floods and derauling a freight train as the heavy weather descended upon Houston early on Sunday. **REUTERS**



FLORIDA BEAR HUNT

2 Florida's first bear hunt in two decades opens on Saturday, joining other states that have loosened restrictions on hunting large predators, to the dismay of animal rights activists who see them as "trophy hunts." The hunt, which will span up to one week and allow up to 320 black bears to be killed, aims to stabilize a population that has rebounded to more than 3,000 from several hundred in the 1970s, according to the Florida Fish and Wildlife Conservation Commission. **REUTERS**

ISLAMIC STATE RISE

3 Former British Prime Minister Tony Blair acknowledged the 2003 invasion of Iraq played a part in the rise of the Islamic State militant group, and apologized for some mistakes in planning the war, in an interview broadcast. Blair's decision to send troops to back the U.S.-led invasion is still a live political issue in Britain. **REUTERS**



SHEEP TRANSHUMANCE

7 A big flock of sheep is led by the center of Madrid, Spain on Sunday. Shepherds leading about 2000 sheep arrived to the capital, called by Transhumance and Nature association, to promote the conservation of the ancient paths of transhumance (moving flocks from winter to summer pastures) dating back some 8,000 years.



ALL PHOTOS GETTY IMAGES

NASDAQ MAY SET RECORD

4 The Nasdaq 100 index may set a record high next week, helped by good earnings from Apple Inc expected on Tuesday. Technology shares led the U.S. stock market's recovery this week from its worst correction in four years in August, thanks to gains in Alphabet, Amazon and Microsoft, after the three companies reported better-than-expected earnings results. **REUTERS**



EDWARDS FACES RUNOFF

5 Louisiana voters on Saturday threw support behind Democrat John Bel Edwards in his bid to succeed Gov. Bobby Jindal, but Edwards will have to face off with Republican U.S. Sen. David Vitter in a Nov. 21 runoff when no candidate polled more than 50 percent. Edwards, the minority leader in the state House, carried 40 percent to Vitter's 23 percent, after a campaign in which Vitter's opponents hammered on a prostitution scandal that has haunted him for several years. **REUTERS**

COACH DIES AT AGE 60

6 Minnesota Timberwolves president of basketball operations and head coach Flip Saunders has died at the age of 60 after a battle with cancer, the NBA team said on Sunday. Saunders, a veteran of 17 NBA seasons who posted a career record of 654-592, was diagnosed with Hodgkins lymphoma. **REUTERS**



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BRIEFS

Cops find loaded revolver after chasing suspect through Flatbush

Police said a man caught smoking marijuana on a Brooklyn block threw a gun into the street during a chase on Saturday.

Officers arrested Tristan Murray, 22, shortly after they chased him down Bedford Avenue in Flatbush after noticing Murray allegedly smoking marijuana in front of a car parked in front of a fire hydrant.

The plainclothes officers were in their car when they approached Murray at around 1:45 a.m. That's when authorities said Murray dropped what he was smoking and began to run.

Officer Joel Crooms got out of the cop car and started to run after Murray when they reported having seen the suspect reach into his waistband and throw a gun under a nearby vehicle.

Crooms kept running behind Murray as his partner, Officer Jason Conway, began to drive the patrol car behind them.

Conway was able to catch up and cut the suspect off, forcing Murray to turn around toward Crooms, who was still on foot close behind.

The NYPD said Murray was arrested without incident. Police then found his fake Illinois driver's license.

Once in custody, the two officers went back to the spot where Murray gave chase, where they found a defaced and still-loaded revolver.

Police also found burglary tools inside Murray's BMW, still parked in front of the hydrant.

It was unclear whether Murray secured legal representation for the arrest, which also included charges for possession of the gun, weapon and burglary tools.

CHESTER SORIA



NYPD officers look for evidence. GETTY IMAGES

Divers find gun tied to cop killing

Police closed off a section of the FDR Drive on Sunday for about two hours.



CHESTER SORIA
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Authorities confirmed on Sunday morning that a gun they recovered the .40-caliber pistol they think was used to kill an NYPD officer last week.

Officer Randolph Holder, 33, died on Tuesday after investigators said Tyrone Howard shot the five-year police veteran in the head.

Divers recovered an unrelated gun on Thursday that they now said had been in the river a long time.

Police closed off FDR Drive between East 96th and East 132nd streets on Sunday for about two hours, reopening the major thoroughway at around 10:30 a.m.

The NYPD have been spotted in the area,

where Howard allegedly shot Holder after the officer attempted to retrieve a stolen bicycle, since Tuesday's shooting.

Holder had reported to the scene with fellow officers after receiving a call about a shooting at the East River Housing Development in East Harlem.

An officer with PSA 5, Holder chased the armed suspect onto the FDR Drive's pedestrian overpass when Howard reportedly shot him.

The shootout with police left Howard, 30, with a gunshot wound to his leg, which was treated before he was taken into police custody.

A wake for Holder is scheduled for Tuesday at the Greater Allen A.M.E. Cathedral in Jamaica between 9 a.m. and 6 p.m.

Family, friends, city officials and fellow officers are expected at the Wednesday funeral at 3 p.m. at the same church.

Holder is expected to be interred in his native Guyana.

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Comedian Amy Schumer (left) and U.S. Sen. Chuck Schumer (right) speak at a press conference calling for tighter gun laws in an effort to stop mass shootings and gun violence. GETTY IMAGES

Amy Schumer and Sen. Chuck call for gun control bill

The actress again appeared with Sen. Chuck Schumer in support of his legislation in Congress.



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Comedian Amy Schumer and her cousin, Sen. Chuck Schumer, stood in front of City Hall on Sunday in support of the lawmaker's Congressional gun control bill.

The distant family members first joined forces in August following a shooting in Louisiana which killed two and injured nine others in a movie theater playing

her film, "Trainwreck."

Together, the Schumers committed to using a social media campaign with the hashtag #AIMINGFORCHANGE to raise awareness about gun violence and legislative reforms.

"Tag your congressman or congresswoman," the younger Schumer said.

The elder Schumer's reforms would include closing what he described as background check loopholes, stronger background checks that would stop domestic abusers from obtaining guns and making "straw purchases" of guns between states illegal under federal trafficking law.

Conservatives online lambasted the duo's support for legislation almost immediately after the actress's Twitter account announced the hashtag to her more than 2.3 million followers.

Amy Schumer parodied gun ownership in during her October appearance on "Saturday Night Live."

She also dedicated her recent HBO special to the two shooting victims in Lafayette, Louisiana — Mayci Breaux, 21, and Jillian Johnson, 33.

"I'm not sure why this man chose my movie to end those two lives and injure nine others," she told reporters in August. "But it was very personal for me."

AG wants proof of Internet speed claims

New York's attorney general wants to make sure that Internet service providers are actually coming through with the speeds city residents pay for.

Attorney General Eric Schneiderman's office reached out to major telecommunications companies Time Warner, Verizon and Cablevision over the weekend to asking for proof of their practices since January 2011.

"New Yorkers deserve

the Internet speeds they pay for," Schneiderman said in a statement.

"But, it turns out, many of us may be paying for one thing, and getting another."

The attorney general said that New York City families pay "a huge cost already for internet access" and that he would "not tolerate a situation in which they aren't getting what they have been promised."

In the letters, Schneiderman's team asked each company to break down how many customers purchase the different packages, provide customer complaints and for any evidence that can prove each company actually provides the Internet speed customers pay monthly services for.

The attorney general's office requested the documents by Nov. 8.

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Charity running NYC marathon

Fifteen friends and family members of Brad Berman continue to raise money for therapy and medical costs that helped him walk again.



WENDY JOAN
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Brad Berman knows he's going to run again. He just doesn't know when or how long it will take for him to get there.

Two years ago, Berman, a three-time marathoner, had a massive stroke caused by an arteriovenous malformation (AVM) in his brain. The condition is rare and seen in less than 1 percent of the population, according to the Mayo Clinic.

"Running is something I was very obsessed with before this," Berman said. "I don't know how far I can take it, but I want to push it as far as I can."

After his stroke, Berman's wife Jessica spearheaded a massive fund-raising campaign for Burke Rehabilitation and Rehab in Westchester County. The \$650,000 raised allowed the rehab center to purchase an EKSO Skeleton, a wearable bionic device

"Running is something I was very obsessed with before this. I don't know how far I can take it, but I want to push it as far as I can."

Berman

recently approved by the FDA to help patients regain mobility.

"The theory behind the robotics is to reconnect the brain to the body through massive amounts of repetitions, and no physical therapist could do it because they would be exhausted. The robots don't get tired," said Berman, who returned to his job on a part-time basis as a tax lawyer for General Electric earlier this year. "To the extent I can do something myself, I do it. To the extent I need help, it assists."

A team of 15 of Berman's family and friends are running the New York City Marathon on Nov. 1 to continue raising money for the therapy that has helped him



Brad Berman receiving physical therapy with Katie Riccio. BESS ADLER

dramatically improve in the past two years. So far, they've raised more than \$43,000 for the rehab center, and hope to make it to \$100,000 by race day.

"I try to look at it year over year, because a year ago, the fact that I could get up, get showered, get dressed, make myself breakfast, drive here, I was so far from that," Berman said. "Even though I'm doing a lot better, my

attitude has been to make it less about me and just see if we can help other people."

Berman said he's a private person who was "initially very uncomfortable" sharing his story.

"But I got to see very quickly that all this stuff is benefiting me and, more importantly, benefiting other people, so I learned to get on board with it. I've had people

come up to me in tears and say, 'My daughter stood up for the first time in three years.'"

Gayle Striar Herman, a psychologist who is running her third marathon as part of Berman's team, said she was running a race in 2014 when she saw Berman walk a mile and finish it, flanked by his family, a year after his stroke.

"I got lucky this year and got in through a

general lottery spot, but I knew the race needed to be about more than me, which brought me back to Brad and Jessica," Herman said. "I put those two things together and they made so much sense. And, as a mother, I want to be able to show my kids you can pair your personal accomplishments with the greater good in the world."

Avrielle Rykman Peltz, chief operating

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Brad Berman at Burke Rehabilitation Center in White Plains where he and his family have raised money for state-of-the-art robotic technology to help stroke victims. **BESS ADLER**

officer of Burke's restorative neurology clinic said Berman's fundraising has allowed the rehab center to buy two new machines and help more than 100 patients.

A spokeswoman from the New York Road Runners said the number of charity runners for 2015 will be available after

the Nov. 1 race. Last year, 8,500 charity runners raised \$34.5 million dollars for various charities. A total of 50,530 people ran 26.2 miles through the five boroughs last year.

"Raising money for charity is part of our sport, there's no doubt about it," said Bart Yasso, Chief Running Officer at

Runner's World. "This has been going on for a while and it seems as popular as ever."

Yasso said he saw a major shift in the 1980s away from races that benefited a specific charity to races that individuals could fund-raise for the charity of their choice.

"Most of the people who are successful at doing it, there's a connection. They've lost a loved one to cancer and are raising money for research. When you get an email from someone you know, it's pretty easy to throw money that way ... it feels good," Yasso said.



Brad Berman receiving physical therapy with Katie Riccio. **BESS ADLER**

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PBA boss says boycott Tarantino

Pat Lynch blasted director Quentin Tarantino for his role in a large protest against police brutality.



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A police union boss wants to go medieval on Quentin Tarantino.

Patrolmen's Benevolent Association President Pat Lynch blasted the Academy Award-winning director on Sunday for Tarantino's role in a large protest against police brutality one day earlier.

In a statement, Lynch wrote that it wasn't a surprise "that someone who makes a living glorifying crime and violence is a cop-hater" and called for a boycott of the filmmaker.

"The police officers that Quentin Tarantino calls murderers aren't living in one of his deprived big-screen fantasies," Lynch wrote. "They're risking and sometimes sacrificing their lives to protect communities from real crime and mayhem."

On Saturday, Tarantino stood in front of some 300 protestors who marched between Washington Square and Bryant



Director Quentin Tarantino attends a protest to denounce police brutality. Police union leader Pat Lynch called on a boycott of the director's movies the next day. GETTY IMAGES

"The police officers that Quentin Tarantino calls murderers aren't living in one of his deprived big screen fantasies." Lynch

parks along Sixth Avenue — 11 of whom were arrested.

"If you believe there's murder going on then you need to rise up and stand up against it," Tar-

antino said. "I'm here to say I'm on the side of the murdered."

The New York Post reported that the movie maker said the timing of the rally, four days after

an officer was shot and killed by a criminal, was "unfortunate" and that Officer Randolph Holder's death was "a tragedy too."

The rally was orga-

nized by "Rise Up October," and ended a series of protests held across the city this week. Organizers defended their activities as being focused on police brutality.

BRIEFS

One dead, five injured in unrelated weekend shootings

Police across three boroughs responded to at least six shootings within less than 12 hours of each other over the weekend.

Early Sunday, cops responded to a call of a man shot in Fordham Heights in front of a deli on Jerome Avenue.

The 46-year-old man, who was not identified by Sunday afternoon, was shot in his chest by an unknown shooter.

The victim was pronounced dead shortly after arriving at St. Barnabas Hospital.

Meanwhile, in Queens, two men were wounded after a shooting in a home in Bayside at 28th Avenue and 213th Street. Both men were shot around midnight.

NYPD said one victim, a 27-year-old man, was taken to New York Hospital Queens in critical condition, while a 23-year-old man was rushed to North Shore University Hospital in stable condition.

Officials also reported an unrelated shooting along the Rockaway Parkway near Canarsie at around the same time.

Minutes earlier, a man was

shot in his leg while in East Harlem on First Avenue and East 118th Street at around 11:20 p.m. Police said he was expected to survive.

Cops then said a Brooklyn woman shot her husband in his stomach on Brooklyn on Saturday night. The wife allegedly shot the man in their Williamsburg apartment at around 11:40 p.m. in what police described as domestic violence dispute.

The woman was arrested after paramedics rushed the husband to Bellevue Hospital, where he is expected to survive. CHESTER SORIA

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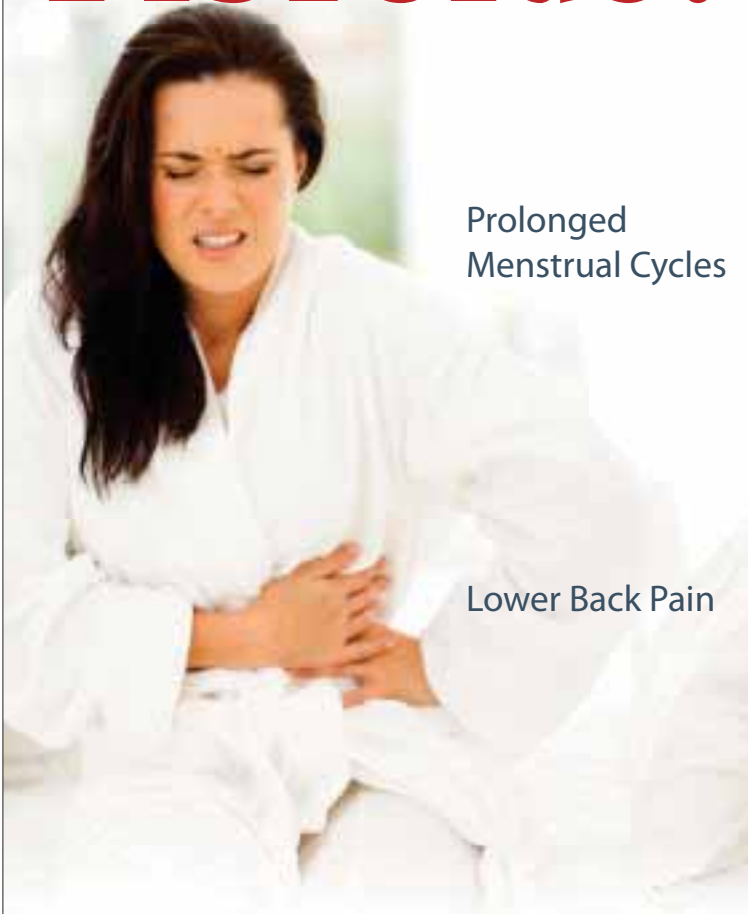
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Police release names of dead from Okla. State parade tragedy



Emergency officials stand over the car that was involved after a suspected drunk driver crashed into a crowd of spectators during the Oklahoma State University homecoming parade in Stillwater, Oklahoma. GETTY IMAGES

In total, four people were killed when a suspected drunk driver plowed into the throng in Stillwater, some 80 miles northeast of Oklahoma City.

Eleven of the nearly four dozen people injured when a car careened into a crowd watching a Oklahoma State University homecoming parade this weekend were children, police said on Sunday, in addition to a toddler who died of his injuries.

Three adults — identified in a police statement on Sunday as Nakita Prabhakar, 23, of Edmond, Oklahoma; Bonnie Jean Stone, 65; and Marvin Lyle Stone, 65, both of Stillwater — were pronounced dead at the scene. A 2-year-old boy, who was not identified, died later on Saturday.

It was not immediately clear whether Bonnie Jean Stone and Marvin Lyle Stone were related, and Stillwater Police

could not be reached immediately for further comment.

Witnesses told of bodies being flung dozens of feet into the air as the car barreled into the festive throng at the intersection of Main Street and Hall of Fame Avenue to watch an annual parade before an OSU football game.

The driver, identified as 25-year-old Adacia Avery Chambers, was taken into custody on suspicion of driving while under the influence of alcohol, said Captain Kyle Gibbs of the Stillwater Police. Police are awaiting results of a blood test administered to the suspect after the crash.

Chambers is likely to make her initial appearance in Payne County District Court on Monday, the police statement said.

Police also listed the names and ages of the 36 adults injured in the incident, and said the 11 injured children ranged in age from 1 to 13, but withheld their names.

Of the 47 people hurt, five adults were

listed in critical condition and four children were described as "fair." Among the rest of the victims, eight remained hospitalized and the others were treated and released.

Authorities have not released any more information about Chambers, except that she lived in Stillwater. Gibbs said she did not appear to be an OSU student.

The suspect's father, Floyd Chambers, 47, told the Oklahoman in a phone interview on Saturday that he learned about the accident through social media and was stunned.

"I can't figure this out. This is not the person that's my daughter. ... I can't imagine alcohol being involved. She is not an alcoholic that I'm aware of," Chambers said, adding that he would pray for the families and friends of the victims.

Despite the accident, Oklahoma State University decided against canceling the football game. Some 25,000 students attend the university.

REUTERS

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Candidate Carson touts US health savings accounts for the elderly

A Quinnipiac University opinion poll released last week had Carson overtaking Donald Trump among Republican voters in Iowa.

Republican presidential candidate Ben Carson, who is making inroads against front-runner Donald Trump, on Sunday denied he would end the Medicare health care program for the elderly, saying he would provide the option of using a government-backed savings account to buy health insurance.

Interviewed on "Fox News Sunday," Carson, a retired neurosurgeon, said, "The program that I have outlined using health savings accounts ... largely eliminates the need for people to be dependent on government programs" like Medicare.

While he said in a separate interview on NBC's "Meet the Press" that "I'm not talking about getting rid of those pro-



Republican presidential candidate Ben Carson takes a selfie as he greets guests outside the Alpha Gamma Rho house during a campaign stop at Iowa State University in Ames, Iowa. GETTY IMAGES

grams," he told Fox the savings accounts would be an "alternative" to the popular Medicare program.

Nationwide, more Republicans still back Trump for president in 2016 than any other candidate.

It was not clear from Carson's remarks exactly how his savings plan would work and whether Medicare funding would be cut. He said that some of the federal

expenditures going into Medicare and the Medicaid program for the poor could be diverted to private accounts.

The Fox interview touched on figures ranging from \$2,000 to \$5,000, which is nowhere near U.S. per capita spending for health care, estimated by the government at over \$9,000 a year. For Medicare patients, that figure tops \$11,000.

In 2014, Medicare

covered 53.8 million people: 44.9 million aged 65 and older, and 8.9 million disabled; in total some 17 percent of the U.S. population.

Trump, on ABC's "This Week" said of health care savings accounts, "I'm OK with the savings accounts. I think it's a good idea."

Democrats vow to block Republican attempts to end or curtail social safety net programs. REUTERS

GETTING PUNCHY

For several weeks, the Republican free-for-all has dominated political coverage, but this week saw a late surge on the Democratic side in the person of one championship contender: Hillary Clinton. And she leads my three things to watch this week in politics.

1. ROCKY — THE RETURN

Hillary Clinton rope-a-doped the Republicans in the Benghazi hearing; laying back while they punched themselves into exhaustion, then rebounding off of the ropes the next day, fists flying. With her Democratic challengers gradually being dispatched (read: Lincoln "the Metric Mauler" Chafee, and Joe "Bouncer" Biden), watch for more voters to drift her way in the polls.

2. BRING IN THE CUT MAN

The Republican contenders will be

TOM FOREMAN

Opinion

Tom Foreman is a CNN correspondent and author of the book "My Year of Running Dangerously."



strapping on their gloves and climbing back in the ring for a debate this week. Donald Trump is still the guy with the champion's belt for the moment, but his legs have looked a little shaky in some polls. Keep your eyes open for some roundhouse swings by the others (not Ben Carson — he's more of boxer than a brawler) and if someone connects, you can bet the others will rush in for the knockout.

3. UNDERCARD

Maybe the GOP will sort out the mess in the House of Representatives this week. Paul "Don't Call Me Champ" Ryan has finally, reluctantly decided to mix it up for the Speaker of the House job. Looks like it will work, but with all the different factions in the house I would keep the smelling salts handy and not count on a unified title yet.

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Halloween dog parade

Pooches were put in creative costumes at the annual Tompkins Square Halloween Dog Parade in New York City. Contestants competed for thousands of dollars in prizes. the Tompkins Square Halloween Dog Parade is billed as the nation's largest Halloween dog parade in the United States.

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“Fraction Of An Inch” Success And Failure With Popular Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very “candid” and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from **real medical treatments**.

That's also why no ethical doctor would promise or

guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: “cure for knee arthritis” or “eliminates all pain” or “works for everyone” you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplementation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a “must read.”

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints decreases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Northern New Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in New York City. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

“All Doctors Are Human And Sometimes They Mess Up”

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... *but the imaging proved him wrong.*

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant

step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation.

The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.


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Why A Fraction Of An Inch Can Be The Difference: Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to


Before Treatment
Painful Knee Joint
Riddled With Arthritis



Successful Treatment
Exact Placement Of Lubricating Gel
When Using Advanced Imaging



Failed Treatment
Without Advanced Imaging Missing
Joint By TINY Amount Causes Failure



Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

Gwen Stefani and Gavin Rossdale divorce all settled

As far as the dissolution of celebrity marriages go, this one seems pretty swift. Gwen Stefani and Gavin Rossdale have already reached a settlement in the divorce proceedings they started in August after announcing their split, according to TMZ, and apparently Rossdale is taking less than half of their common property in an effort to make things go smoothly. How big of him. They apparently didn't have a prenup, by the way. They'll also be going the joint custody route for their three sons, though Rossdale is expected to have them more since his work schedule isn't as hectic as hers. That's the kind of subtle burn I appreciate, TMZ sources.

Of course, this whole "let's be nice about this and keep things moving" is directly at odds with a Radar Online

report that claims Rossdale has been a lot more demanding in the negotiations. "Gavin is seeking at least \$50 million from Gwen, along with monthly child and spousal support," a source says, though that's not all: "Gwen can't believe that Gavin is asking for their Beverly Hills mansion as part of the settlement." And honestly, neither can TMZ.



Stefani and Rossdale GETTY IMAGES

the word

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Jeremy Renner angers the equal pay crowd



Renner and Lawrence GETTY IMAGES

After Jennifer Lawrence wrote her blistering essay for Lena Dunham about pay inequality, "Why do I make less than my co-stars," and Bradley Cooper came out strongly in support of the issue, someone obviously thought, "Hey, I wonder what the rest of the 'Ameri-

can Hustle' cast thinks of all this?" Too bad they asked Jeremy Renner next. "That's not my job," Renner said when asked about negotiating alongside female co-stars to ensure fair treatment. "I don't know contracts and money and all that sort of stuff. When it

comes to that sort of stuff I let other people deal with that." So it's not so much that Renner is anti-women so much as he's just bad at math stuff — which I can totally relate to. Hopefully Amy Adams or Christian Bale can settle this once and for all.



@katperry

Omg I have to be an uneven number for a whole year. My OCD is flaring



@Miles_Teller

I don't know if I'm just lazy or I like trying to do things with my feet



@HaileeSteinfeld

All my friends are either in college or in relationships. What is this life.x



@kerrywashington

I love how much I learn from social media. I love being in conversation with you. I appreciate this community. I really do.



@tyrabanks

You know what? Don't give up. Demand for what you know is right.



@jfreewright

I love Donald Trump. I think he's a great person. p.s.: what an a—hole.

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James Franco brings William Faulkner's "The Sound and the Fury" to the screen, and not without some struggle.



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James Franco has been striking a balance between commercial success and indulging his more artistically minded interests for some time now, and that negotiation came in handy when directing his latest, "The Sound and the Fury," William Faulkner's dense tale of a Mississippi family falling into ruin.

How long did this take to get off the ground?

Once we decided to do it, it didn't take that long because I was already in touch with the Faulkner estate for "As I Lay Dying." For a minute, it looked like David Milch was going to do a Faulkner-based series on HBO, and he had acquired most of the Faulkner rights, but the two that he didn't have



Franco directed and stars in "The Sound and the Fury," his second Faulkner adaptation. NEW FILMS INTERNATIONAL

were "As I Lay Dying" and "The Sound and the Fury," which were the two that I definitely wanted to do.

How about financing it?

It's a tough sell, you know? It's not "Avengers." There are no superheroes or anything like that, so I had to do a bit of scrambling to get the money together, but at this point in my career, I just feel like this is one of the main reasons I'm doing it — and one of the things I can use my position in the commercial film

world to get done. So we had to scramble a little bit to get the money, but eventually we did.

In an ideal world, this wouldn't be a tough sell, though.

[Laughs] I mean, most people are just not that interested. It's largely a young person's medium, at least for the big bucks. But I've learned how to do these movies that I want to do in such a way that they're not burdened with a huge budget — but enough of a budget that

you can make these movies in exactly the way that we want to make them and still not have to make huge, huge numbers when you sell them.

You keep making them, so it must be working.

Yeah, exactly. There is truth in the old adage of "one for me, one for them." I'm in a pretty fortunate position where the one for them is usually one that I love anyway. If I do a movie with Seth Rogen — unless it gets shut out of the theaters

by another country — a lot of people usually go see those movies. So I'm fortunate. It's sort of one for me and then another one for me because the one for them is also for me. [Laughs]

What do you think is the best American novel?

Obviously, I think Faulkner is one of the greats. I think Faulkner got a lot of his stuff from Melville, "Moby Dick," the Bible and maybe Cervantes' "Don Quixote." And Proust and Joyce, obviously. As far as American novels go, I think "Moby Dick" is the granddaddy, and then maybe Faulkner is the next generation.

Rites of passage

You recently had a bar mitzvah for charity. How does it feel to finally be a man?

It turned out really well. I had an official bar mitzvah, and then we had the charity celebration for Seth's Hilarity for Charity organization, and they raised a lot of money to help fight Alzheimer's, so it was great. I feel a little different, sure. I have to say, I started teaching recently — actually I've been teaching for six years now — and once I started teaching, that's when I really felt like, "Oh s—, I'm kind of an adult now." I'm teaching people with less experience than I have. That's really when I started feeling like, "Oh, I guess I am a man." [Laughs]

Today, James Franco is a man. GETTY IMAGES



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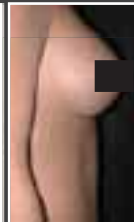
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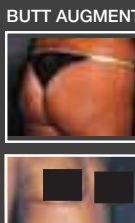
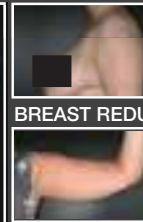
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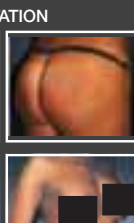
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Myth busting, foodie-style

Comic legend Michael McKean gets serious about dispelling some old food ideas.



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Michael McKean goes from "Spinal Tap," "Best in Show" and "Better Call Saul" to the Cooking Channel for the new "Food: Fact or Fiction?" to channel a passion for food into tackling some famous misconceptions about what we eat. Except he doesn't really so much have a passion for food, it turns out.

What was it about food myths that sparked your interest?

It seemed to me that there were some interesting questions about the things that we know, not even just in the world of food. In the things that everybody knows, there are a lot of things that nobody knows because they're too busy thinking that they do know it. Some things are just axiomatic — "breakfast is the most important meal of the day." Well, yeah, unless the other two are more important. The idea of eating a big breakfast is kind of a newish one.



McKean doesn't know why you'd eat these, but he'll tell you how it started on "Food: Fact or Fiction?" premiering tonight at 10:30 p.m. on the Cooking Channel. GETTY IMAGES

Were there any revelations about food that really surprised you?

Yeah, dozens of them. There are still some mysteries which I will never get a satisfactory explanation of, like why people eat oysters in any form whatsoever. These people are insane. But I guess that's a personal taste.

I've always felt that way about eggs. Like, who had that idea first?

"These things that come out of the chicken here? Let's try something!" Or the genius Italian who was the first one to say, "You know what? These tomatoes are really good, but I bet if we cooked them we could make a sauce that would be really versatile, and we could just keep it going on the stove, and we'd always have something to put over pasta." Genius. We don't know who that was.

Would you say you've always had a passion for food?

No, I wouldn't say so. I was not an eater when I was a child. Between the ages of 1 and 4, I gained one pound and my parents thought I was trying to pass away because I didn't eat. I ate peanut butter and rice pudding and Wonder Bread with jelly on it — terrible, terrible things, but it kept me alive. I never gained weight until I was 30. Then I guess I started eating more regularly because I was making a good living. I will enjoy food, but I'm not a real Fancy Dan. I've gone to high-end restaurants and had good food and everything, but I really think if somebody makes a great steak chili or an amazing meat sauce on pasta, I'm a very easy guy in that way.

Are there any current food trends you want to poke holes in?

Six months after something was good for you, it's now the worst thing you could eat. But that's fear for sale. That's something else. That's people selling newspapers with "here are the 10 things that you're eating now that will kill you within a week." That's a whole different thing.

Benched

"Waiting for Guffman" and "Best in Show" director Christopher Guest is finally making another movie, "Mascots." Will you be in it?

No, I won't be. Chris calls when he needs someone like me, and this time it just didn't work out because I'm in

Albuquerque an unpredictable amount of time [for "Better Call Saul."] You know what? He'll get some ham-and-egger. He'll do fine. It's going to be amazing anyway because he does great work. I think everyone will be very happy, myself included.

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Halloween doesn't need to be about hurriedly putting on face paint and a makeshift costume with stuff from the back of your closet. Feast your eyes on these techie trinkets, gadgets and apps that'll be sure to make the annual ghoulish fest a terrifically scary one. **DANIEL CASILLAS, MNN**

1 Fear and loathing in the windows

Scare neighborhood pedestrians with **The Superior Holiday Scene Projector**, which displays three-dimensional animated Halloween scenes out a window or on a wall, making trick-or-treaters think your home is being overrun by the paranormal. The nifty gizmo displays

lifelike zombies, skeletons and apparitions up to 6 feet tall. The video footage also features sound effects such as ghouls releasing a primal and blood-curdling scream.

Available at hammacher.com, \$99.95



5

Hi-tech hijinks for Halloween

2 Zap the undead

Zombies are the most popular scary characters thanks to the TV series "The Walking Dead" and movies like "World War Z." This Halloween you can follow that trend in a fun way with the help of **The Glow In The Dark Zombie Blast**. With this fun toy, the defenders of humanity have only 30 seconds to score nine

shots between the zombie's eyes as it lurches forward with a guttural groan that emanates from a speaker built into its chest. Creepy.

Available at hammacher.com, \$39.95



4 Watch out for the spider

Arachnophobes, look away now: The **Elenco Mechanical R/C Black Widow** will be sure to have you jumping out of your skin. The remote-controlled spider can scurry forward, backward and in circles — and will indeed bring an element

of hilarity to your Halloween party. The furry texture and crawling movement of the device make it seem just like the real thing. Available at Amazon.com, \$51



3 Zombify your social media presence

If you're a fan of zombies and want to freak out a few of your friends on social media, **ZombieBooth** is for you. This app, developed by Motion Portrait, instantly transmogrifies your profile pic into a 3-D

animated zombie. It can also make your pet's photo into the undead and even record and share videos of your zombified friends. Scare your friends from Twitter, Facebook, Instagram and all your social network profiles with this app. Available for Android and iOS, \$2.99



5 May the Force be with your pumpkins

With the new "Star Wars" movie set for release later this year, why not get into the intergalactic spirit with these **Star Wars Light-Up Pumpkins**? Decorate your homesteads with these sci-fi jack o' lanterns, which feature an amber nightlight bulb that gives an appropriate glow without the risk of fire.

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Aries A misunderstanding will develop into a confrontation if you aren't precise in the way you present your thoughts. Make sure you have all the facts.



Taurus Don't jump to conclusions. Money-making opportunities are on the horizon, so be prepared to act. Concentrate on your financial security.



Gemini Someone will try to win your friendship to improve his or her position or status. Be wary of anyone who presses for personal information.



Cancer Dedicate your time to doing the best job possible in the workplace. Someone will show interest in the way you resolve a complex issue.



Leo Your attention will scatter if you try to do too much at once. Once you have determined your priorities, you will be able to streamline your tasks.



Virgo Take a realistic look at your financial situation. Revise your budget to increase your savings and reduce interest charges or other fees.



Libra Spend time nurturing relationships. If you have been too busy tending to your career or hobbies, your loved ones will feel neglected.



Scorpio Keep plugging away and don't let what others do deter you from reaching your goals. Promote and present your ideas.



Sagittarius Get together with friends and make plans to do something out of the ordinary. Reduce your anxiety by not dwelling on past regrets.



Capricorn Turmoil at home or arguing with a loved one will cause emotional stress. Don't blame others for your shortcomings.



Aquarius Consider traveling to places you've never been before. Attending a workshop will add to your credentials and improve your status.



Pisces Take control of whatever situation you face. Demanding or overbearing people don't deserve your time or your loyalty. **EUGENIA LAST**

Across

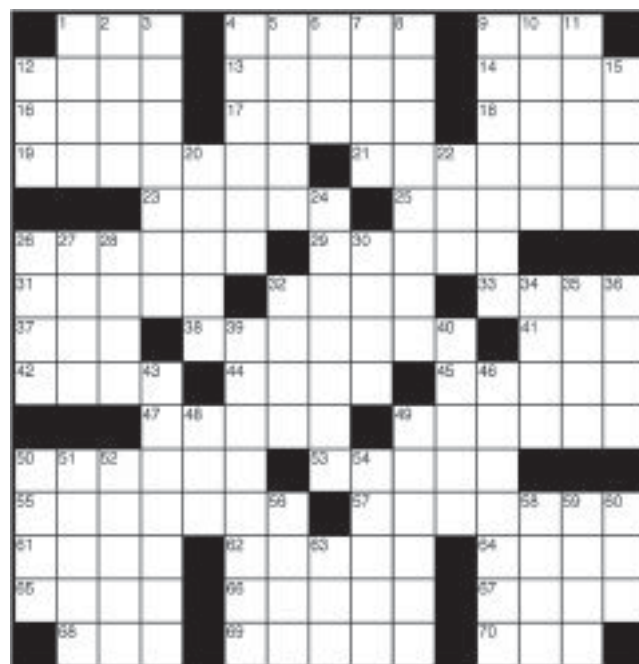
1 Fleshy mushroom
4 Utter chaos
9 Qt. parts
12 Galileo's town
13 Nail-groomer
14 Cursed the day
16 Pitbull sound
17 Sound thinking
18 "Bus Stop" author
19 Like fish
21 Bitterly cold
23 Plunge
25 Eaves hanger
26 Nulls
29 "Peer Gynt" writer
31 St. Teresa's home
32 It may be square
33 Stare
37 Muscle used in push-ups
38 Most gung-ho
41 Casual farewell
42 Shut forcefully
44 Swerve
45 For — — (cheap)
47 Stirring
49 Deposits eggs
50 Where Leo is
53 Keep subscribing
55 Tympanum
57 Juicy morsels
61 Suits to — —
62 Dig in (2 wds.)
64 Navajo foes
65 Bend forward
66 Slur together

67 Laird's household
68 Rural rtes.
69 Knight's mount
70 Eur. airline

Down

1 Fifi's five
2 Hairy twin
3 Gay Nineties prop
4 Greek sun god
5 BP acquisition
6 — out (relax)
7 Not a repro.
8 Tour de France rivals
9 Yard sale chore
10 Medieval garment
11 "Blume in Love" star
12 Putter's org.
15 Edit out
20 Fine-tune
22 Crack pilot
24 Trailblazer
26 Ray gun blasts
27 Mr. Knievel
28 Costa —
30 Transvaal trekker
32 Awful smell
34 What the cast

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takes (2 wds.)

35 Actor Keenan —

36 Tavern inventory

39 Displaced persons

40 Used a camcorder

43 Damsels

46 Two fins

48 Tolstoy title word

49 Made catty remarks

50 Enthusiasm

51 Movie with a posse

52 Cringe at

54 Recital piece

56 Germinated grain

58 "— cost you"

59 Bench sitters

60 Form 1040 info

63 Dressy accessory

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/games

metro.us/sudoku

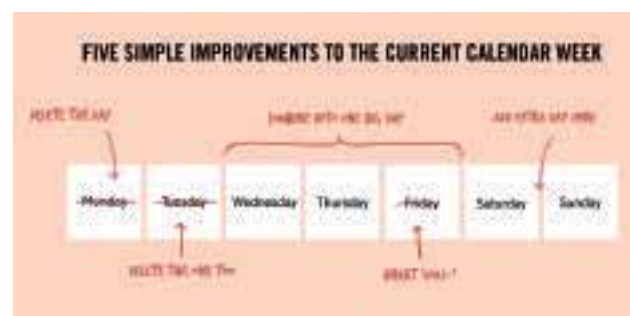
easy

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	7				6		3	
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	1		9				5	
8						4		
2			7		5	3	1	

hard

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The college prep that no one will tell you about

More than half of first-year students feel emotionally unprepared for college — that's a big problem.



RAQUEL LANERI
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College prep, for most students, means taking Advanced Placement courses, studying for the SAT or ACT and then compiling lists of all the clothes, furniture, school supplies and various material comforts needed for dorm life.

But the one thing that incoming college freshmen aren't prepared for is the emotional transition that can come with moving away from home.

"We have this image of college students going off and having just one big grand party," says Dr. Victor Schwartz, medical director of the JED Foundation, which helped sponsor a study on the emotional well-being of first-year students. "And that's what many [students] think college is going to be like, too."

That's often not the case. "It turns out that a number of students who are drinking heavily in their first year are actually trying to address feelings of stress and loneliness," he says. "They just haven't really thought through and prepared themselves for what it means to be living on their own."

So, what can students do? We asked Schwartz — who is involved with Set to Go, a new online resource devoted to this issue — for his advice on how teens can ready themselves for the college transition and cope with loneliness or displacement once they get there.

Take on more responsibilities at home

A lot of the stress that comes with starting college in a new place stems from not knowing "basic life skills," says Schwartz. Things like being able to whip up a late-night dinner, or do laundry, or clean the bathroom, or manage money.

"These things sound obvious, but they're not so easy or intuitive if you've never had to do them before," he says. "Parents can begin trying to help their 11th- or 12th-graders make some more of these decisions, manage some more of these things."

Know where resources are on campus

Once you do arrive on the campus, take the time to learn where the basic human services are — and what support services are available.

"For the first time, students will be largely responsible for their own medical and mental health care,"

Hard times

A new study by the JED Foundation, Partnership for Drug-Free Kids and the Jordan Porco Foundation has found that 60 percent of first-year students feel they haven't been adequately prepared emotionally for college. More than 50 percent say they have trouble finding emotional support on campus when they need it. And students who feel emotionally in-over-their-head report lower grade point averages and a higher rate of drug and alcohol consumption.

says Schwartz. "Getting a handle on the kinds of services available and where they are will help manage some of the stress."

That's particularly true if the new student has had a history of medical or mental health issues. "For those young people, there should be a plan that's worked out with their at-home clinicians as to how care will continue," he says.

Be social

It's normal to feel lonely after moving away from your family and friends. But no matter how shy you are, or how much you miss them, it's important to put yourself out there.

"There's so much information online for students to find out about clubs that may be in their particular area of interest," says Schwartz. "Many schools will do a club or activity fair early on in the first semester."

Schwartz also stresses the importance of incoming students attending — and participating in — their orientation.

"It's a chance to really begin to meet some people and find out where the important resources that you may need on campus are."

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Realize that your feelings are normal

Everyone goes through periods of transition, and it's OK if these moments end up being rough. "Emotional challenges and developmental challenges are all good things," says Schwartz. "We actually grow through managing and learning how to manage challenges. ... It's one of the most valuable things you will experience when in college. It sets the stage for how you're

going to adjust to new jobs, to moving to new communities, to new relationships — so we shouldn't look at this as bad."

And if you do need to ask for help, there's no reason to feel ashamed. "Sometimes it's hard, and people need to use some judgement about when to get some help and support. It doesn't mean that you are weak and have screwed up."

Charter schools 101



Charter schools are increasingly popular, but what exactly are they? **ISTOCK**

When to apply

Each charter school has its own application timeline and process, says Kacer, and it's different from the school district's enrollment window. "Many charter schools will not even be reviewing their applications until January; some charter schools take applications year-round. So we encourage parents and families to reach out to the school and find out when those are."

Your guide to the increasingly popular alternative to traditional education.



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Lately, there has been a lot of talk about charter schools — billionaires fund them, presidential candidates want to expand them. But what, exactly, are they?

Charter schools are vast and complex, but essentially they're free public schools that are independently operated and managed. That means while they are able to focus on specific subjects (such as math or the performing arts) or employ alternative classroom methods (such as Montessori), they have to adhere to certain district-wide requirements.

"The premise for charter schools is autonomy in exchange for accountability," says DawnLynne Kacer, executive director of the Charter Schools Office in Philadelphia. That means that the students need to meet certain state test standards, but have the freedom to choose how to achieve those

goals.

So, with all the competition to get in (the waiting lists are legendary) — and the dizzying variety of charter schools there are to choose from — how do you know when the hassle is worth it, or if charter schools are even right for your kid? And which ones she should apply to, anyway? Kacer demystifies the process for us.

Know your child

"Any student could benefit from a charter program — it's about finding the right one for your particular student," says Kacer. Figure out your kid's interests and learning habits. Are they self-directed learners? Do they learn more through action than lecture? Do they want a school with advanced music programs or one focused on mathematics? And then see if those interests and needs are being met at their district school or if they could be better served by a charter program.

Do your research

If a charter school piques your interest, attend an open house

and ask lots of questions. "And just like selecting a district-operated school, we would encourage [parents] to reach out to their network of friends and neighbors and peers and learn more about the schools," Kacer suggests. Because they are independent, certain things like length of school year or availability of Advanced Placement courses can vary greatly. "Charter schools, they tend to have their own culture," says Kacer. "They have their own code of ethics and core values that can lead them to focus on different things, so we want to make sure that families have all the information they need in order to make the right decision."

Apply to several

In New York City, charter schools that receive more applications than they have open seats are required by law to hold a lottery to determine who will nab a spot. That means you don't want to put all your child's eggs into one basket. "I would absolutely encourage them to apply to more than one school," Kacer says.

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Jets show they're no pushovers in showdown loss to Patriots

Metro breaks down three reasons why the Jets fell just short of pulling off a huge upset.



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They may have lost 30-23 on Sunday afternoon to the New England Patriots, but in many ways, the New York Jets emerged from Week 7 showing that they are no pushovers.

The loss drops the Jets to 4-2 on the season but showed a team that hung around with the defending Super Bowl champions, who are now 6-0 after beating their divisional rivals.

Despite a horrible day from his wide receivers who found a myriad ways to drop passes, the Patriots offense still managed to put up points against the league's top defense. A cold start gave way to quarterback Tom Brady getting hot in the second half, picking apart the Jets secondary for 355 passing yards and two touchdowns.

The Jets were up 10-3



Jets fans can take solace in the fact that New York played the Pats tough. GETTY IMAGES

early in the second quarter after Ryan Fitzpatrick threw a 5-yard touchdown pass on a slant to

Jeremy Kerley. The pass from Fitzpatrick ended a 14-play, 83-yard drive where the jets quarter-

back completed four of his six passes for 56 yards.

Then down 16-10 in

the third quarter, a Jets offense that had punted their last three possessions marched down the field in 13 plays, going 80 yards with a Chris Ivory 9-yard touchdown catch putting the Jets up. Then a 30-yard field goal from Nick Folk with 12:50 left in the game staked the Jets to a 20-16 lead on the road.

But the Patriots would answer back, with fourth-quarter touchdown passes from Brady putting New England up 30-20.

1 Punting problems

With punter Ryan Quigley sidelined with a shin injury, the Jets signed veteran Steve Weatherford and cut Jaiquawn Jarrett to make room for him on the roster. Quigley has been solid for the Jets since last year, growing into the role and showing more leg than most directional punters. Weatherford struggled early, showing rust with a first punt that went just 31 yards. While he would settle down, neither the strength of his leg or the directional kicking was up to snuff and gave the Patriots some very good starting

positions in the first half. The Jets missed Quigley in this one.

2 Little gound and pound

For the entirety of the first half, Ivory was far from his normal self, a left hamstring injury clearly slowing him down. In the first half, he had nine carries for just 12 yards. While he would bounce back a little in the second half, the Jets struggled to rush the ball. The Jets rushed for 89 yards on the day, well below their season average, with Fitzpatrick accounting for nearly 29 yards rushing.

3 Speaking of 'Fitzmagic'

Yes there was the fumble on the first drive of the game, but Fitzpatrick looked better than Brady for much of the game. He completed 21 of 38 passes for 283 yards with two touchdown passes and showed plenty of guts in how he got his 29 yards rushing. Not a perfect performance from Fitzpatrick, but he had his team in position to win the game until the very end. That's more than many Jets QBs have been able to say in the past.

Turnovers, special teams lift Giants over Cowboys

The Giants keep pace in the race for the NFC East with a huge division win Sunday.



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Special teams and defense are not glamorous, but they win football games.

That's something Dwayne Harris (who had a 100-yard touchdown return in the fourth quarter) and the Giants secondary (which picked off Matt

Cassel three times) fully realized in their 27-20 win over the Cowboys Sunday.

Brandon Meriweather had two picks off of Tony Romo's replacement, and Dominique Rodgers-Cromartie had a pick-six as New York stood tough against a potent Dallas rushing attack.

In all, the Cowboys ran for 227 yards, but it wasn't enough as the Giants earned a much-needed fourth victory thanks to a handful of big plays.

Orleans Darkwa scored the Giants first touchdown of the game, punching in a 15-yard scamper to get

New York its first lead, 7-3, early in the second quarter.

The Cowboys would respond twice, first with a field goal to get within one and later with a short, 1-yard Darren MacFadden rush to give Dallas a 13-7 lead.

Right out of the gate in the second half, Rodgers-Cromartie sprinted (and celebrated) down the sideline with a 71-yard interception return. The defensive explosion put New York ahead once again, 17-13.

Meriweather's first interception swung the

momentum in New York's favor. Keeping their feet on the pedal, Reuben Randle reached out and made a spectacular one-handed catch for a 44-yard pickup followed by a 39-yard Shane Vereen run to set up another field goal to give Big Blue a touchdown lead.

Meriweather added his second interception on the Cowboys ensuing drive.

A 25-yard touchdown pass to Devin Street got Cassel back on track, and the Cowboys back in the game as it was tied at 20 midway through the fourth quarter.



Dwayne Harris scored the game-winning touchdown Sunday afternoon. GETTY IMAGES

Following Harris' football field-length touchdown on special teams, the Cowboys had a chance to drive the field and tie the game, but a fourth-down toss to James Hanna wasn't

long enough to get them a critical fourth down.

Dallas stopped the Giants and forced a punt, but muffed the return to turn it over for a fourth time, all but ending the game.

MALUSIS: A REMARKABLE RUN FROM UNREMARKABLE PLAYER

OPINION



MARC MALUSIS
@marcmalusis

Daniel Murphy in the month of October is simply explained as a remarkable run by an unremarkable player. As the Mets get set for Game 1 of the World Series on Tuesday night in Kansas City, the question remains: Can Murphy and the Mets stay this hot.

In 38 postseason at-bats, Murphy has 16 hits, seven home runs and 11 RBIs and has scored 11 runs. He has had just 12 swing and misses up until this point of the postseason. He has hit a home run in 6 straight postseason games, a new MLB record.

The longest consecu-

tive homer streak that he has previously was two games. He is the first player since Lou Gehrig to have a hit, RBI and run scored in seven consecutive postseason games. Over the course of his career, Murphy hit a home run every 54 at-bats. In the postseason, Murphy is hitting a homer every five at-bats and has hit them off the likes of Clayton Kershaw, Zack Greinke, Jake Arrieta and Jon Lester. He has been remarkably hot and has even transformed himself into a heady base runner and a good fielder. Who would've thunk that?

It has been the month of Daniel Murphy. We embrace it in New York City when we watch our players perform their best when the most is on the line. That is why the Mets fan and this city have fallen in love with



It seems like yesterday that Daniel Murphy was just an average MLB second baseman. GETTY IMAGES

Murphy. It is no longer about questioning his baseball IQ or his defense or base running, it is now about his power and his brilliance. His October is that of legend. We are witnessing an individual run that will never be forgotten and hopefully can be capped off with a World Series title. With the individual success and Murphy and others, the Mets now know team success.

For the Mets, they

swept away the Cubs in the National League Championship Series. Powered by their young arms, the Mets have made the most of their October opportunity. They so thoroughly outplayed the Cubs in the NLCS, you questioned what and who you were watching at times.

Since 1985, when the Championship Series was moved to seven games, teams that have swept it are 1-6 in the World Series.

The only team to win the Fall Classic was the 1995 Atlanta Braves. Obviously, history does show that maybe there is something to the extended break and stopping momentum. If you are the Mets brain trust, you hope that this remarkable run continues.

Who would have thought the Mets would be here? Who would have thought Daniel Murphy would turn into Roy Hobbs in the postseason? Who would have thought Matt Harvey would regain the trust of the Mets fan base and earn the Dark Knight nickname once again? Who would have thought the Terry Collins bashing would stop and he would become a manager that has clearly connected with the fan base and has pushed all the right buttons? Who would have thought this, the New York Mets are the

favorites to win the World Series?

When the series gets going Tuesday night in Kansas City, that is indeed the case. This is why you watch sports, for these types of special moments when the unexpected happens. When the right trades for veterans are made to improve a team that is crying out for help, when the power arms show they do not need experience and blossom in the postseason right before our eyes, or when an organization that has preached patience finally bears the fruit of that patience — that is where we are right now. The Mets have grabbed the attention of Major League Baseball. The Mets have arrived and it is fun to see. Why not just go out and win the damn thing, I believe they will, which would be Amazin'.

NFL

Redskins pull off franchise-record comeback

Washington overcame a three-point deficit late, going 80 yards on the arm of Kirk Cousins, who threw his third touchdown pass of the second half to Jordan Reed with 24 seconds left to seize a 31-30 victory. It was the largest comeback victory in team history for Washington, which trailed 24-0 in the first half.

Vikings 28, Lions 17

After falling behind 17-6 to begin the game, the Vikings scored 22 straight points before taking a safety to finish the game Sunday. Adrian Peterson, questionable with an illness before the game, played and had 110 total yards, while quarterback Teddy Bridgewater finished with 316 yards passing, one short of his career high.

Jaguars 34, Bills 31

Jacksonville won in London for the first time despite a furious comeback attempt by the Buffalo Bills. After back to back defensive touchdowns helped create a 28-3 Jacksonville advantage, the Bills scored the game's next 28 points to take a 31-28 lead. But Blake Bortles found Allen Hurns on a 31-yard-touchdown pass with



Washington stayed in the NFC East hunt with Sunday's comeback win. GETTY IMAGES

just over two minutes left to steal the win.

Chiefs 23, Steelers 13

The Chiefs upset the Steelers for just their second win of the season behind 110 yards rushing from Charcandrick West and their defense, which forced Landry Jones into three turnovers.

Saints 27, Colts 21

It was a tale of two games, as the Saints built a 27-0 lead before almost surrendering it entirely to the Colts. The Saints took advantage of a short field after three Indianapolis turnovers and a fake field goal attempt to rely on their oft-underused rushing game.

Rams 24, Browns 6

Todd Gurley had his third straight 120-plus-yard rushing effort and scored the first two touchdowns of his career for the Rams as they dispatched a Browns team that lost four fumbles.

Falcons 10, Titans 7

Often second to the offense in praise, the Atlanta defense forced Zach Mettenberger into two INTs and limited the Titans to 256 yards on a day where the Falcons' offense could gain yards but not points. Despite that, it was the usual suspects getting work done for Atlanta, as Devonta Freeman turned in his fourth 100-yard-game and Julio Jones caught the game winning touchdown.

LUKE MILLER

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NOTICE IS HEREBY GIVEN that a license, Serial # 1289633, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 103 Havemeyer Street, Brooklyn, NY 11211. Kings County, for on premise consumption. Vebek First LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1286126, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage control Law at 95 Macdougall Street., New York, NY 10012 for on-premises consumption. Indorama Inc.d/b/a Mirch Masala.

NOTICE IS HEREBY GIVEN that a license, Number 1289300, for Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 57 Seventh Ave. South, New York, NY 10014, for on-premise consumption. BOBWHITE COUNTER LLC.

NOTICE OF FORMATION of Gustave Group, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 08/26/2015. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 2830 Grand Concourse, Apt. 3E, Bronx, NY 10458. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, 1289117, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 15-24 College Point Blvd., College Point, NY 11356 for on-premises consumption. Pitallas I Corp.

NOTICE IS HEREBY GIVEN that a license, Number 1289300, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage control Valley Law at 2636 Broadway, New York, NY 10025 for on-premises consumption. Spectrum Restaurant LLC d/b/a Manhattan Valley

NOTICE OF FORMATION of Phoenix Investigative Network LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 08/19/2015. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 2983 Bedford Ave., Brooklyn, NY 11210. Purpose: Investigations and Security.

NOTICE OF FORMATION of MSM 1220 LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 02/11/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 301 East 47th Street, #20N, New York, NY 10017. Purpose: any lawful act or activity.

LEGAL NOTICES

NOTICE OF FORMATION of Michaelangelo Enterprises, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on July 9, 2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 109-01111th Street, South Ozone Park, NY 11420. Purpose: Real Estate investments.

NOTICE OF FORMATION of William Figueroa Fitness and Recreation, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on Aug 11, 2015. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1409 St. Johns Place, Apt. 9, Brooklyn, NY 11213. Purpose: Any lawful activity.

NOTICE OF FORMATION of VIP REI LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on July 9, 2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 109-01 111th Street, South Ozone Park, NY 11420. Purpose: Real Estate investments.

Notice of Formation of 37AVE PROPERTY MANAGEMENT LLC. Articles of Organization filed with the Secy. Of State of New York (SSNY) on 09/22/2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 37-10 37th Ave., Unit 3J, Flushing, NY 11354. Purpose: Any lawful activity.

NOTICE OF FORMATION of Offsite REIT LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 05/22/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1872 Lexington Ave., #108, New York, NY 10035. Purpose: any lawful activity.

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